

Summer 2017

Class Descriptions

Acrylic Painting – Join this fun all-levels class that will teach you how to mix colors and express yourself on canvas. ***Supply list available in the Class Office.***

All Levels Yiddish – Join this all levels Yiddish Conversation.

Beginners & Intermediate Jewelry Beading - Learn how to make beautiful custom jewelry with beading & other bead decorated items. Supply list available in the Class Office.

Bridge: Supervised Play -Advanced beginners and higher.

Canasta for Beginners - Learn the basic techniques of playing the skilled game of Canasta. You will learn how to count points, keep score, and the play of the hand. Singles and couples welcome.
PLEASE NOTE: 4 decks of cards (2 of each color) and a Canasta tray is required for class.

Canasta: Intermediate Supervised Play - The afternoon class is a supervised play class, where the instructor will assist you while you play the game.
PLEASE NOTE: 4 decks of cards (2 of each color) and a Canasta tray is required for class.

Chair Qigong - Learn this slow-moving exercise while sitting. This exercise focuses on pressure points in the body and helps improve coordination while putting less strain on the body.

Classical Music Appreciation -Learn many venues of classical music and view clips and performances from famous composers & performers.

Creative Oils, Pastels, and Gouache – For Beginners, Intermediate, and Advanced students, learn the art form of Oil Painting, Pastels and/or Gouache. ***Supply list available in the Class Office.***

Crochet for Fun! (Beginner - Advanced) - Have fun in this Beginners-Advanced class where you will learn how to develop a new craft which can provide your days with relaxation and pleasure!
Supply list available in the Class Office.

Fusion Tai-Chi - Learn the basics/foundation of Tai-Chi combined with intermediate levels.

Grandma Goggles: Learn about, and how to use many applications used on the internet today! Apps such as Google, YouTube, Pandora and more!

Investing Wisely - Learn about current investment issues & how to invest in this challenging, economic time.

Knitting for Fun! (Beginner - Advanced) - Come join us and learn knitting as a brand new skill or refresh the skills you previously had. Everyone is welcome! ***Supply list available in the Class Office.***
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Mah Jongg - Learn this popular Chinese game which uses tiles with various designs.

PLEASE NOTE: Mahjongg card is required for class.

Meditation & Healing Beyond the Bounds of Reason – Course will explore how the traumatic experiences, grave disappointments or severe pain we often bury deep within us create our illnesses. Through meditation and study of the work of some of the great spiritual masters, each student will develop practices and a structure they can take into their personal life for closure and inspiration.

Tablet Basics with Jason - This class will teach you tablet fundamentals as well as tips and tricks to help navigate your device. ***For Tablets AND Smart Phones.***

Tablet Basics with Jason level II – You must have already taken “Tablet Basics with Jason” in order to register for the second level of this class. **For tablets AND smartphones..**

Bridge: Advanced Beginners-Intermediate: Key aspects of bidding and play.