



POOL SAFETY TIPS



1. Buddy up! Never swim alone!
2. Always swim within arms length of other swimmers
3. Feet first: Never dive into shallow or unknown water
4. Read all posted signs: Follow posted safety rules and warnings
5. Locate safety devices (location varies with each pool)
6. Check the water depth
7. Know your limits: Don't try to swim further than you can or hold your breath
8. Learn CPR

Call the Red Cross for Information & Pricing on local
Pool Safety Courses and/or CPR Training
1-800-RED-CROSS (1-800-733-2767)

